

Emily's  
Furda

# *He Promises*

*Daily Grace Devotionals June 2020*

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## He Promises - Daily Grace Devotionals June 2020

The Lord is my strength and my shield; my heart trusts in him, and he helps me.  
My heart leaps for joy, and with my song I praise him.  
Psalm 28:7 NIV

### Welcome to Daily Grace Devotionals

We are women committed to growing in our Christian faith by the grace of God. Too often we become caught up in routine and our time with God is reduced to a checkmark on a list of daily activities. When we spend time with Him, we feel good about ourselves. When we don't, we're riddled with crippling shame and guilt. We strive for a perfect attendance record instead of life-giving moments with our loving God. It is our mission to change that, which is why we are called Daily Grace Devotionals.

Lay aside your striving for perfection and replace it with grace. Yes, God longs to spend time with you every day because He loves you. He also knows you're human and will have days when you don't spend time alone with Him. If you miss a day, God isn't waiting to punish you. He's a gentle, loving father welcoming you with open arms. Whether you're someone who never misses a day, you've missed months or years, or are brand new, you are welcome here.

### A Note from the Director

When I was 11 years old, my worship dance teacher gave us all a small, hot pink booklet of devotionals for Christmas. That was my first devotional, and I've rarely been without a daily devotional since then.

Daily Grace Devotionals (formerly Her Binder Project and The Binder Co.) was started in 2014 by Morgan Harper Nichols to help her and others grow in their Christian faith. I started as a writer in 2016, and the more involved I became, the more this ministry and the women who read became a part of my heart. In 2018, Morgan gave this ministry to me. It is dear to both of our hearts. My joy comes when I see women come alive as they grow. Today, thousands of women from all over the world are studying together and growing in faith by the grace of God.

-Emily Furda

If you have any questions, contact me at [emily@emilyfurda.com](mailto:emily@emilyfurda.com)

### How to Use Daily Grace Devotionals

These eBooks are designed for individual or group study for women of all ages. You can print view them in PDF format on your computer or mobile device. Each day has a daily Scripture, a short devotional, and a daily challenge to help you put into action what you've learned. Every month also includes several "Grace Days" without any scripture, devotional, or challenge, designed for you to use as you need; to catch up if you're behind, review, or to study our monthly topic more in depth on your own.

### More Ways to Connect

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Use the hashtag **#DailyGraceDevotionals** on social media and we might feature your post on one of our pages.

If you're interested in writing for Daily Grace Devotionals as a guest writer, please visit our Facebook Group for information.

For More Downloads visit our website [emilyfurda.com/dailygracedevotionals](http://emilyfurda.com/dailygracedevotionals)

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## He Promises - Daily Grace Devotionals June 2020

### Sunday

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

### Saturday

1  
**2 Corinthians 1:20**  
Do you believe deep in your heart God keeps His promises to you? Why or why not? Journal your thoughts. It's safe to admit if you have doubts.

8  
**Isaiah 41:10**  
Listen to "You Uphold Me" by London Gatch.  
[youtu.be/wCbz6WCVJE8](https://youtu.be/wCbz6WCVJE8)

15  
**John 8:31-32**  
Listen to "The Truth About Me" by Mandsia.  
[youtu.be/K1P47nkV06U](https://youtu.be/K1P47nkV06U)

22  
**Jeremiah 29:1-14**  
Why was it so important for the people of Judah to flourish while they were captives? How can this impact you when you feel held captive? Journal your thoughts.

29  
**Exodus 14:14**  
Listen to "Fighting for Me" by Riley Clemmons.  
[youtu.be/in1uxSpvsW0](https://youtu.be/in1uxSpvsW0)

2  
**Mark 9:20-27**  
How does today's Scripture impact you when you think about lacking faith? Journal your thoughts.

9  
**Psalm 33:11**  
What does it mean to you and how does it affect how you feel about your life when you read in today's Scripture that God's plans stand forever? Journal your thoughts.

16  
**Romans 8:31-32**  
Listen to "On My Side" by Kim Walker-Smith.  
[youtu.be/v4yVprRS3r0](https://youtu.be/v4yVprRS3r0)

23  
**Grace Day**

30  
**2 Timothy 2:13**  
See the devotional for today's challenge.

3  
**Numbers 23:19**  
Write out today's scripture in your own words or create artwork that will make it come alive to you.

10  
**James 1:5**  
Memorize today's Scripture.

17  
**Grace Day**

24  
**Philippians 4:19**  
Listen to "Everything Is Mine in You" by Christy Nockels.  
[youtu.be/zokDEFvD5qY](https://youtu.be/zokDEFvD5qY)

4  
**John 3:1-21**  
Listen to "Perfect People" by Natalie Grant.  
[youtu.be/3ZbPhssNcyc](https://youtu.be/3ZbPhssNcyc)

11  
**Grace Day**

18  
**Colossians 1:17**  
Do you feel like you can truly let God be in charge or are you trying to hang on to control in at least one area of your life? If you are, what is it and why? Journal your thoughts.

25  
**John 10:10**  
Is it possible to have an abundant life in the middle of struggling? What would that look like to you? Journal your thoughts.

5  
**Grace Day**

12  
**Psalm 37:4**  
Why is it so important for God to give you what you need instead of what you want? Do you see that as a good or bad thing? Journal your thoughts.

19  
**Ecclesiastes 3:11**  
Write out today's Scripture in your own words.

26  
**Luke 2:41-52**  
How does knowing Mary and Joseph were imperfect people help you when you look at your imperfections? Journal your thoughts.

6  
**Psalm 10:17**  
Write out today's scripture, and place it where you'll see it when you'll need it. Listen to "My Heart's Lifted" by Kerrie Roberts.  
[youtu.be/rOFXY0\\_o2eY](https://youtu.be/rOFXY0_o2eY)

13  
**John 17:20-26**  
Do you ever worry that you don't have the ability to show love? How does knowing the love you show comes from God, not your own strength, impact you? Journal your thoughts.

20  
**Isaiah 43:2**  
Listen to "You're Not Alone" by Meredith Andrews.  
[youtu.be/8FXLo3aCkuQ](https://youtu.be/8FXLo3aCkuQ)

27  
**Grace Day**

7  
**2 Corinthians 12:9**  
Are you ever embarrassed by your weaknesses? How does today's devotional and Scripture change how you perceive your weaknesses? Journal your thoughts.

14  
**Psalm 127:2**  
Do you feel as if you must earn rest? Why or why not? Journal your thoughts, and set aside time this week to do something you find restful, even if it's just for a few moments

21  
**Psalm 147:3**  
Listen to "The Real Me" by Natalie Grant,  
[youtu.be/cYkLVB5LQQI](https://youtu.be/cYkLVB5LQQI) and journal your thoughts about the lyrics and today's devotional.

28  
**Hebrews 13:20-21**  
Listen to "Something out of Me" by Nichole Nordeman.  
[youtu.be/089F0vNGbVE](https://youtu.be/089F0vNGbVE)

For every one of God's promises are "Yes" in him; therefore also through him the "Amen" is spoken, to the glory we give to God. 2 Corinthians 1:20 NET

## He Promises - Daily Grace Devotionals June 2020

*Monday, June 1*

### **He Promises to Keep His Promises**

Devotional Written by Emily Furda  
Read 2 Corinthians 1:20

The Bible is full of God's promises, but sometimes, it's hard to know where to start or look. So, this month we'll take a look at some of God's promises to us. For today, let's start with a promise about His promises.

This month's theme verse tells us:

For every one of God's promises are "Yes" in him; therefore also through him the "Amen" is spoken, to the glory we give to God. 2 Corinthians 1:20 NET (\*In this verse "Amen" is translated as "So let it be".)

Every time we see one of God's promises fulfilled, it strengthens us and draws us closer to His heart. Because of Jesus's death on the cross and resurrection from the dead, we have access to God and all of His promises. Jesus promised He would die and rise again (Matthew 17:22-23). By keeping a promise that seemed impossible to keep, Jesus showed us God is more than capable of fulfilling every promise He makes.

God is inviting us to come to Him as his dearly loved daughters. He knows it's sometimes hard to believe all of His promises will really come to pass. He invites us to ask Him if He really means what He says. God will listen with love and compassion, and show us how He keeps His promises to us.

### **Daily Challenge**

Do you believe deep in your heart God keeps His promises to you? Why or why not? Journal your thoughts. It's safe to admit if you have doubts.

**Written by Emily Furda**

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\*Strong's 281

*Tuesday, June 2*

### **He Promises to Give You Faith**

Devotional Written by Emily Furda  
Read Mark 9:20-27

Sometimes, we want to believe God's promises, but it's hard. When our faith feels too small to believe Him, God has an answer for that.

He gives faith.

In today's passage, we see a father who was desperate for Jesus to help his son. He admitted he believed Jesus could help, but also knew he needed help to believe. This father's mind and heart were at war, just like ours often are. He believed some, but not fully. His lack of faith didn't make Jesus turn away or even make Jesus angry. Instead, Jesus answered this father's plea to help him believe, not with words, but with actions. Jesus performed a miracle.

We often need reminders of things God has done to keep our faith growing. There's no accident this story is in the Bible; it helps our faith to grow. Think back over your life: what good has God done in your life before? Did He provide something when it seemed impossible? Did an opportunity suddenly open up where you could use your gifts? Did you experience comfort in the middle of grief? When you look back and remember the promises God has kept in the past, it reminds you He will keep fulfilling them, and help you have more faith to believe God will keep His promises. It can be exciting and life giving to reflect on the promises God fulfills. Taking note when God fulfills a promise as it happens can help your faith for the next time you find yourself unsure if He'll be true to His word.

Faith isn't something you have to manufacture on your own. It's safe to admit you don't have enough faith because God promises to give you faith.

### **Daily Challenge**

How does today's Scripture impact you when you think about lacking faith? Journal your thoughts.

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## He Promises - Daily Grace Devotionals June 2020

*Wednesday, June 3*

### **He Promises He Cannot Lie**

Devotional Written by Emily Furda  
Read Numbers 23:19

Promises are only as trustworthy as the one who makes them. If someone has a track record lying and breaking promises, you learn she can't be counted on. Sometimes, we experience deep heartache because others have lied to us and broken promises. Those wounds can make it hard to trust God.

While humans will always break a promise, even if it's unintentional, we have to remember God isn't a human. He is so much more. Today's scripture highlights that. It tells us only does God keep His promises, but He is incapable of breaking them! He is incapable of lying.

How would your life change if you could truly believe God will keep every promise He makes? There are no exceptions. It's impossible for Him to lie to you. God knows it can be hard to grasp with limited, human understanding. So, let today's scripture be one you cling to when you're unsure if God will keep every promise He has made to you because He promises He cannot lie.

#### **Daily Challenge**

Write out today's scripture in your own words or create artwork that will make it come alive to you.

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*Thursday, June 4*

### **He Promises to Meet You Where You Are**

Devotional Written by Emily Furda  
Read John 3:1-21

Have you ever wondered if you needed to change something in order for God to accept you or even pay attention to you?

In today's scripture, we read about Nicodemus. He was a Pharisee, a member of the pious religious rulers who believed they could be saved by doing the right things. When Jesus came, He turned their teaching upside down by saying salvation wasn't something to be earned. Most were enraged to the point of wanting Jesus's death, but Nicodemus wanted to know more.

He sought out Jesus at night, possibly out of fear of what others would think, or even for his or Jesus's safety. Jesus could've turned him away for not being willing to seek Him in the open. He didn't have to earn Jesus's attention or salvation. Jesus told Nicodemus this:

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him John 3:16-17 NIV

Just like Jesus went to Nicodemus where he was, God sent Jesus for you to meet you exactly where you are. Whenever you're tempted to think you have to be or do something different for God to even acknowledge you, remember Nicodemus. On the outside, he appeared to be as righteous as one could be, but on the inside, he needed his heart made new. Jesus understood him. Instead of condemning him Jesus met Nicodemus exactly where he was. He'll do the same for you.

#### **Daily Challenge**

Listen to "Perfect People" by Natalie Grant.  
[youtu.be/3ZbPhssNcyc](https://youtu.be/3ZbPhssNcyc)

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*Friday, June 5*

### **Grace Day**

Today is a Grace Day designed for you to use in whatever way you need.

Are you behind when it comes to this month's schedule? Then, you can use today to catch up. Is there something you want to spend more time on? Feel free to reread a previous day or skim through multiple days. Consider going back and making up your own challenge for a day. If it was to listen to music, try journaling or memorizing the Scripture. If you'd like, use today to learn more about God's promises on your own. A concordance, online searchable Bible, or Bible app is perfect for this. Even take today and study something completely different.

Whatever you do, remember, God isn't looking for your performance or testing how much you know. He simply wants to spend time with you, speaking to your heart and showing you His love and grace.

## He Promises - Daily Grace Devotionals June 2020

*Saturday, June 6*

### **He Promises to Encourage You**

Devotional Written by Emily Furda

Read Psalm 10:17

Have you ever just needed to be encouraged?

We all have times in our lives when it feels as if too many things are piling up. It can be major world events, an onslaught of personal issues, or a combination of them. Sometimes, we don't even know why we feel down. We just need some encouragement. Fortunately, we are promised encouragement

You, Lord, hear the desire of the afflicted; you encourage them, and you listen to their cry. Psalm 10:17 NIV

Sometimes, we think it's enough if we just make it through the day, as if God only cares about what we do, not how we feel. He created us with emotions, and He cares about them. God knows we all need encouragement. There's nothing quite like the quiet voice of our Savior speaking to our hearts. His encouragement might be through Scripture, something that gives us a smile, music, or just a quiet lifting of our weary and bedraggled heart.

When you're feeling overwhelmed and need some encouragement, take a moment to pray. Ask God to encourage you. While you might not feel a shift at that moment, He promises He hears you and will encourage you. Keep your heart and mind open to the subtle ways God speaks to you. He promises to encourage you.

### **Daily Challenge**

Write out today's scripture and place it where you'll see it when you'll need it. Also, listen to "My Heart's Lifted" by Kerrie Roberts.

[youtu.be/rOFXY0\\_o2eY](https://youtu.be/rOFXY0_o2eY)

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## He Promises - Daily Grace Devotionals June 2020

*Sunday, June 7*

### **He Promises to Give You Strength**

Devotional Written by Danielle Nicole  
Read 2 Corinthians 12:9

Do you ever have days when your weaknesses bring you down? Maybe it's from your mistakes or from your failures. Without strength, these feelings can overwhelm your hearts and mind till the point where you break down.

This is what we have grace for, God promises in our weakness, He is strong. So, when we reach the end of our rope, His promise of strength will bring us through. We are human, and we can't rely on our own strength to carry us. When we reach the point where we can't keep fighting on our own, we need God's strength. Though we could keep trying to do things our way, we aren't perfect and will eventually fall. His strength will never fall apart, for it is a promise to us.

When in these times of struggling, we need to surrender ourselves to Him and give up the controls. When we allow ourselves to let go, we get to experience His renewing strength. It doesn't matter how weak we have become; His strength will hold us up.

God's promise of strength isn't reserved for certain people but is for everyone who gives their lives to Him. It doesn't matter how many times we have failed, or how deep we have sunk, through His grace, His strength can pull us out and make us stronger.

So, instead of leaning on our own abilities, we can lean on Him and His promise to us. We don't need to continue feeling overwhelmed about getting through life on our own strength. We can give ourselves to Him, rise above our weaknesses, and allow His strength to get us through.

#### **Daily Challenge**

Are you ever embarrassed by your weaknesses? How does today's devotional and Scripture change how you perceive your weaknesses? Journal your thoughts.

**Written by Danielle Nicole**

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*Monday, June 8*

### **He Promises to Uphold You**

Devotional Written by Christine Perry  
Read Isaiah 41:10

Have you ever cried out to God? Have you said to Him, "I cannot do this anymore. I cannot make it another second. I'm tired. I'm weary. I'm broken. I cannot keep going."? Sometimes, life can take the life out of us.

Maybe you're dealing with a chronic illness. Maybe it's a prodigal child. Maybe it's a family member who keeps pushing away the gospel. Maybe it's a job you cannot quit because you need it but it's leaving you dry. Life can be daunting, overwhelming, and exhausting.

It's then you need to know God promises to uphold you. There are times in everyone's life when they need to be held because life has bought them to their knees. In the midst of that, God upholds. Sometimes, as hard as it is, that's exactly where you need to be because in your weakness, He is strong enough to uphold you.

#### **Daily Challenge**

Listen to "You Uphold Me" by London Gatch.  
[youtu.be/wCbz6WCVJE8](https://youtu.be/wCbz6WCVJE8)

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*Tuesday, June 9*

### **He Promises He Has a Plan for Your Life**

Devotional Written by Danielle Nicole  
Read Psalm 33:11

Have you ever doubted your life has purpose? When we look at our lives, sometimes it might look like nothing is happening. We can feel as if we have no purpose or maybe God doesn't have a plan for us. In today's scripture, we are promised God's plans stand firm forever. He promises there is a plan for our lives and purpose for us.

We can easily miss seeing our purpose when we set our eyes on what others have and what they do. Focusing on how other people serve a purpose can cause us to miss the purpose we have been promised. When we are comparing who we are with others we miss seeing who God intended us to be. We might start to think the only way we can successfully serve is if we are being just like someone else. We weren't created to be like someone else though.

You have no need to worry about God's plan for you because it is in His control. He is holding you in this season of unknowns and is with you through every moment. Though His plan may not be revealed to you right now, you will know it in time. Until then, He will guide through every minute of every day. So, you don't need to be afraid of what is to come, for He promises to go before you.

When you are seeking to find your purpose, pray about it. You must hold to the promise that He has a plan for you and trust He will lead you to where you are meant to be. He will open your eyes to His plan for your life in His timing. God's plan for your life isn't going to look like someone else's, and it might not look like what you pictured. The key is to just keep praying and holding to His promise for you.

#### **Daily Challenge**

What does it mean to you and how does it affect how you feel about your life when you read in today's Scripture that God's plans stand forever? Journal your thoughts.

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## He Promises - Daily Grace Devotionals June 2020

*Wednesday, June 10*

### **He Promises to Give You Wisdom**

Devotional Written by Diane Marie  
Read James 1:5

One of the most difficult challenges in our Christian walk is knowing the will of God. Most of us, at one time or another, have wished God would just send us a letter, text, or email to tell us exactly what to do. Of course, we know that's not going to happen; however, He has promised that if we ask, He will give us wisdom.

What a wonderful promise. Wisdom is available to us all, male or female, young or old, rich or poor. God is the source of all wisdom, and He does not withhold it from us as long as we ask and believe. Even when we mess up over and over, God still wants us to come to Him and ask. Of course, much of His wisdom is already written down for us in the Bible, but when we need more specific direction, we must go to Him in prayer and ask Him to help us make wise decisions. He will never let us down.

We can ask God for wisdom in all areas of our life, and He will give it to us generously. God Himself, the God who knows everything, wants to guide us in all we do! Think about that for a minute. That's absolutely incredible!

There is not a problem or situation in our lives that He doesn't have an answer for. All we have to do is ask and believe!

#### **Daily Challenge**

Memorize today's Scripture.

**Written by Diane Marie**

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*Thursday, June 11*

### **Grace Day**

Today is a Grace Day designed for you to use in whatever way you need.

Are you behind when it comes to this month's schedule? Then, you can use today to catch up. Is there something you want to spend more time on? Feel free to reread a previous day or skim through multiple days. Consider going back and making up your own challenge for a day. If it was to listen to music, try journaling or memorizing the Scripture. If you'd like, use today to learn more about God's promises on your own. A concordance, online searchable Bible, or Bible app is perfect for this. Even take today and study something completely different.

Whatever you do, remember, God isn't looking for your performance or testing how much you know. He simply wants to spend time with you, speaking to your heart and showing you His love and grace.

*Friday, June 12*

### **He Promises to Give You the Desires of Your Heart**

Devotional Written by Diane Marie  
Read Psalm 37:4

Many of us dream of all the things we want to do in the in the future. There are common goals like wanting to lose weight, exercise, or get more organized, and there are other goals like finally taking that trip to Italy, writing a mystery novel, or getting that dream job teaching Japanese. We're convinced that since we desire it, God will make it happen. Until it doesn't.

Suddenly, we are questioning everything. After all, God gives us the desires of our heart, right? When we don't get everything on our wish list, we might think God doesn't care about us or we might even start to question our faith.

Take a minute to stop and read this verse. The whole verse.

Take delight in the Lord, and he will give you the desires of your heart. Psalm 37:4 NIV

Notice it says to delight in the Lord before it says anything about our desires. The truth is, once we delight in the Lord, our whole outlook will change. While our desires may be perfectly legitimate, the Lord may have other things He desires for us. He knows what we truly desire long before we do.

Take some time to really seek God and to delight in Him. He knows not just what you want, but what you need. He can truly give you the desires of your heart.

#### **Daily Challenge**

Why is it so important for God to give you what you need instead of what you want? Do you see that as a good or bad thing? Journal your thoughts.

**Written by Diane Marie**

[instagram.com/letters\\_from\\_the\\_word](https://www.instagram.com/letters_from_the_word)



## He Promises - Daily Grace Devotionals June 2020

*Saturday, June 13*

### **He Promises His Love Will Be in You**

Devotional Written by Heather Golden Horton

Read John 17:20-26

Extending love to a shouting world can seem daunting. We may wonder if we have enough love to forgive, bless, encourage, or try again in the face of difficult people. We may begin to believe the lie that our love could never resemble God's love; however, we can be positive that, as Christ-followers, powerful love that comes from God resides inside us.

God was revealed to us, and our eyes were opened to who He was so that we could be filled with His love. Amazingly, it's the same love with which God loved Jesus. This love that fills up all of our emptiness is not a passive love. It is love that sacrifices for others, extends a hand to those who are in need, and takes action on behalf of those who may be considered less valuable by society's standards. This active love is the same kind of love that God extended to us while we were living in our disobedience. The love that originated from our Creator and Father, God, is the same love that is present within us. It gives us the ability to love beyond our feelings and to behave with love despite our circumstances.

We do not have to live uncertain that there is enough love within us to share with a wounded world in the midst of angst. With God as our supply, we can be assured that God's love in us is more than adequate to equal the tasks He has set before our hands. His love is present in us in every place we set our feet because He is in us no matter where we may go.

### **Daily Challenge**

Do you ever worry that you don't have the ability to show love? How does knowing the love you show comes from God, not your own strength, impact you? Journal your thoughts.

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## He Promises - Daily Grace Devotionals June 2020

**Sunday, June 14**

### **He Promises Rest**

Devotional Written by Emily Furda  
Read Psalm 127:2

We all have things we want to accomplish in life, things we dream of. Goals and plans are wise, but so often they go from hopes to burdens within seconds. Instead of giving life, they drain it. When we know God has placed hopes and dreams inside of us, they should bring joy, not panic attacks. We forget God wants to give us rest.

God provides for His own. It is pointless to get up early, work hard, and go to bed late Anxiously laboring for food to eat; for God provides for those He loves, even while they are sleeping. Psalm 127:2 VOICE

If we're filled with dread and fear when we think of pursuing our dreams, that's not a sign to work harder or stay up later. It's usually a sign we've lost sight of God being in control and we're trying to make things happen on our own, in our time, and in our own way. We were created with a need for rest not relentless, soul crushing striving. When we allow God to set our schedules, both daily and long term, we'll see our anxious hearts are calmed and we'll be able to find true rest instead of a racing mind.

You have permission to lay down the pressure that says you must accomplish something. You have permission rest. You don't have to earn it because God promises you rest.

### **Daily Challenge**

Do you feel as if you must earn rest? Why or why not? Journal your thoughts, and set aside time this week to do something you find restful, even if it's just for a few moments. It could be anything life giving to you: a cup of coffee, listening to some music instead of the news, read a book, take a nap, go for a walk, watch a favorite movie or TV show, whatever you need.

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**Monday, June 15**

### **He Promises the Truth Will Set You Free**

Devotional Written by Christine Perry  
Read John 8:31-32

We tend to be our own worst enemies. We say things to ourselves we would never in a million years say to another human being. We all tend to have a track of lies that gets stuck on repeat.

"You're ugly"  
"You don't belong"  
"No one will love you"  
"You're not good enough"  
"You'll never get things right"

How it must break God's heart because when He looks at us, we are His treasure, His jewels. He doesn't want us to be enslaved to the lies. There is freedom in truth.

God sent His Son to face a gruesome death and a miraculous resurrection to set us free. It's His Word in our lives that will transform us from the inside out. We are made to be light, to be salt, and to be the hands and feet of Jesus, but if we listen to the lies of the enemy, we will remain bound.

You're worth every ounce of suffering Jesus went through. You're the apple of His eye. You're His beloved and nothing will change that. His truth in your life will change how you see yourself and the world around you. You are cherished!

### **Daily Challenge**

Listen to "The Truth About Me" by Mandsia.  
[youtu.be/K1P47nkVo6U](https://youtu.be/K1P47nkVo6U)

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**Tuesday, June 16**

### **He Promises to Be On Your Side**

Devotional Written by Danielle Nicole  
Read Romans 8:31-32

Whether we are trying to pursue our dreams or trying to reach the light in a dark time, we must know, even when others are against us, our God is for us. It can be hard to reach our goals when other people are telling us things that bring us down or when thoughts of doubt are flooding our minds. It's here, we need to remember our God is on our side and promises to be for us.

When our minds fill with negative thoughts, it makes it more difficult to shoot for our goals or to move onto our next season. People might tell us we're not good enough, brave enough, young enough, or old enough, and it can feel like the whole world is against us. We need to remember what God has promised us in these battles, for it's then that we will be able to reach the other side.

Even when doubt tries to convince us we can't pursue our dreams, we need to remember doubt isn't who we serve. It's God who we serve, and He is for us, no matter what we are going through.

So, it doesn't matter what the world is saying. Even when you feel like you're going up against the odds, you can know who is on your side. When you feel doubt trying to creep in, hold to the One who is fighting with you. For when your God is for you, what does it matter what doubt is saying? Through Him, you can reach your goal, you can reach the other side of your battles, and you can defeat the doubt creeping in your mind.

### **Daily Challenge**

Listen to "On My Side" by Kim Walker-Smith.  
[youtu.be/v4yVprRS3r0](https://youtu.be/v4yVprRS3r0)

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## He Promises - Daily Grace Devotionals June 2020

### *Wednesday, June 17* **Grace Day**

Today is a Grace Day designed for you to use in whatever way you need.

Are you behind when it comes to this month's schedule? Then, you can use today to catch up. Is there something you want to spend more time on? Feel free to reread a previous day or skim through multiple days. Consider going back and making up your own challenge for a day. If it was to listen to music, try journaling or memorizing the Scripture. If you'd like, use today to learn more about God's promises on your own. A concordance, online searchable Bible, or Bible app is perfect for this. Even take today and study something completely different.

Whatever you do, remember, God isn't looking for your performance or testing how much you know. He simply wants to spend time with you, speaking to your heart and showing you His love and grace.

### *Thursday, June 18* **He Promises to Hold All Things Together** Devotional Written by Emily Furda Read Colossians 1:17

Do you ever feel as if you just can't hold it together anymore? You're grasping for any kind of stability, but everything you do comes up short? Even if one area seems to be going well, you look over your shoulder and see ten other areas where you have zero control. It's easy for you to feel like you're falling apart. The truth is, on your own, you will always fall apart. The good news is, God promises to hold all things together.

You can take off the weight of trying to control circumstances because it was never meant for you to carry in the first place. God created this world and is more than capable of caring for everything and everyone in it, including you. God is so much better at being in control than you ever could be.

We don't always understand why difficult things happen, especially when we're doing what we know God has called us to do, but God sees the beginning, the ending, and everything in between. It can be hard to trust, but when we let our chaotic present and uncertain future in the hands of our all-loving God, we can find peace. Rest knowing you're not in control, and that's a good thing. Your loving Heavenly Father promises to hold all things together, including you.

#### **Daily Challenge**

Do you feel like you can truly let God be in charge or are you trying to hang on to control in at least one area of your life? If you are, what is it and why? Journal your thoughts.

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### *Friday, June 19* **He Promises to Make All Things Beautiful** Devotional Written by Emily Furda Read Ecclesiastes 3:11

Have you ever looked at a caterpillar and wondered how it becomes a butterfly? Nothing about it even suggests it will one day be a beautiful, dainty, flying creature.

A caterpillar spends most of its life eating and growing. Eventually that caterpillar spins itself into a tiny chrysalis. We often think of something magical happening in there, but it's not so pretty. A caterpillar literally traps itself inside a small, dark place. Then, it turns into a gooey mess. Basically, it's liquified. Nothing there suggests a butterfly either, but it's in that dark, messy place where God does something amazing. The cells of a caterpillar are rearranged. Somehow, the gooey mess becomes a beautiful butterfly,

Each stage in a butterfly's life is important and has a purpose. So does each stage in our lives. We all have moments when we feel like caterpillars. We're growing, but not turning into anything spectacular. Then, we're suddenly in a dark place having no idea who we are or what we'll become.

It's in that place, where nothing makes sense and we feel as if our entire lives are being rearranged, we need to trust God the most. He knows the beauty He placed in us and how to bring it out. God knows how to turn anything, and anyone, into something beautiful.

#### **Daily Challenge**

Write out today's Scripture in your own words.

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## He Promises - Daily Grace Devotionals June 2020

*Saturday, June 20*

### **He Promises to Be With You**

Devotional Written by Danielle Nicole

Read Isaiah 43:2

We all go through hard times, and we walk through seasons of unknowns. It's there, we often seek rest and strength to help us get through. God promises when we walk through these troubles, He will be with us. We must learn to trust He will come through for us on this promise.

When so many uncertainties surround us, we need to look to God for help, instead of looking for rescue in worldly things. Though we can find many different escapes from our trials, it's in God we will be guided through them on a road that leads to rest and healing.

When we look to God for help, instead of the world, we will always find Him with open arms. When He promises to never leave, He means it. Sometimes, when people promise to never leave us or when someone's words hold promises of being the answer, we can easily be let down. It is because humans and the ways of this world aren't perfect and will fail us. God is perfect and will never fail.

In today's scripture, God is saying no matter what it is we are going through, He will be with us. So, in your time of need, know He is there, walking beside you through it all. This is a promise to us, and it will never be broken. He is there to give us rest and strength when we need it, and to hold us and carry us through our hard times. So, don't look around for escapes, look to His promises to you.

### **Daily Challenge**

Listen to "You're Not Alone" by Meredith Andrews. [youtu.be/8FXLo3aCkuQ](https://youtu.be/8FXLo3aCkuQ)

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## He Promises - Daily Grace Devotionals June 2020

*Sunday, June 21*

### **He Promises to Heal Your Broken Heart**

Devotional Written by Emily Furda  
Read Psalm 147:3

Sometimes, we experience situations that shatter us, leaving us completely broken. We become skilled at hiding it, but we walk around angry, depressed, overwhelmed, and anxious. We try to pretend it doesn't hurt as bad as it does. We're afraid for even God see and touch our brokenness, but just like we can't properly heal a broken arm by wrapping it a sock, we can't heal our broken heart by avoiding God and trying our own remedies. We can try to fix it with relationships, alcohol, sex, shopping, staying busy, or even immersing ourselves in service for God, but that only makes the damage worse, the pain more painful, and leads us farther away from God's healing.

Instead of trying to deal with it on your own, allow God to reach down and touch the place that hurts the most. Let the wounds Jesus bore on the cross remind you He knows what unimaginable pain is like. It can feel terrifying to open up to God, but He's lovingly waiting for you. You're not meant to hold it all together. Let out your feelings. Tell Him how you feel. Scream, cry, and even pound your fists. God can handle your angry and even ugly words. Don't hold back. God wants you to come to Him honestly. You can let the pain out. It's safe to feel.

You're not meant to face pain alone, trying to simply survive the trauma. Your loving God is with you. If you ask Him, He will break open your heart, so He can gently and lovingly, with compassion, heal every wound, even the ones you don't know are there. He will heal your broken heart and bring you new life. You're safe in His care.

#### **Daily Challenge**

Listen to "The Real Me" by Natalie Grant, [youtu.be/cYkLVB5LQQI](https://youtu.be/cYkLVB5LQQI) and journal your thoughts about the lyrics and today's devotional.

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*Monday, June 22*

### **He Promises You Will Find Him**

Devotional Written by Emily Furda  
Read Jeremiah 29:1-14

In today's scripture, we see God speaking to the people of Judah when they were living as captives in Babylon. They didn't want to be there, but they had no choice. They were looking for even a sliver of good news and a way home to Jerusalem as soon as possible. They were desperate. Then, God had some sobering news for them: they would spend 70 years in captivity. Seventy years meant many of them would die in captivity, but He wanted them to flourish and have life even in captivity. He told them specific things to do, then He added one more thing.

He told them "And you will seek Me and find Me, when you search for Me with all your heart." Jeremiah 29:13 NIV

We all go through things in our lives that make us feel like we're being held captive against our will in a strange land. We look for any escape possible, but sometimes, instead of searching for an escape, we need to put all of that energy and emotion into flourishing where we are and seeking God.

We're human, and we want things done our way and in our timing. When the healing doesn't come, when the relationship ends, when the job falls through, the bills pile up, and when life feels crushing, that is when we need to seek Him with everything we have. His presence in our lives is greater than any other thing we could desire. His presence gives us life, even when we feel like we're being held captive.

God wants us to come to Him. When we make a conscious choice to pray often and ask Him to help us want Him more than anything, He promises we will find Him.

#### **Daily Challenge**

Why was it so important for the people of Judah to flourish while they were captives? How can this impact you when you feel held captive? Journal your thoughts.

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*Tuesday, June 23*

### **Grace Day**

Today is a Grace Day designed for you to use in whatever way you need.

Are you behind when it comes to this month's schedule? Then, you can use today to catch up. Is there something you want to spend more time on? Feel free to reread a previous day or skim through multiple days. Consider going back and making up your own challenge for a day. If it was to listen to music, try journaling or memorizing the Scripture. If you'd like, use today to learn more about God's promises on your own. A concordance, online searchable Bible, or Bible app is perfect for this. Even take today and study something completely different.

Whatever you do, remember, God isn't looking for your performance or testing how much you know. He simply wants to spend time with you, speaking to your heart and showing you His love and grace.

## He Promises - Daily Grace Devotionals June 2020

*Wednesday, June 24*

### **He Promises to Meet Your Needs**

Devotional Written by Emily Furda  
Read Philippians 4:19

What do you need right now? When you hear that question all kinds of things can come to mind including financial, physical, emotional, and relationship needs. Today's reading can easily become a like a cliché that's lost its meaning, but it's powerful when you take the time to really think about it.

And this same God who takes care of me will supply all your needs from his glorious riches, which have been given to us in Christ Jesus. Philippians 4:19 NLT

Paul makes an interesting statement here. He says, "the same God." He wanted the people of the church in Philippi to know the same God who has met his needs, is the same God who will meet theirs. He didn't see the apostle Paul as worthier than the local shopkeeper. The same is true for you. In God's eyes, you are just as important as Paul was.

Paul was also reminding them of how God meets their needs. When we pray about something we need, often we're focused on what we think the solution should be. We pray we get the job, a new medication will bring relief, and so many other things we think will meet our needs. Sometimes, we don't even know what we need. We just know we need something. God is not limited to human solutions. He meets our human needs out through His endless, supernatural power because of the sacrifice Jesus made for us.

Whatever it is you need today, God promises He will meet your needs

#### **Daily Challenge**

Listen to "Everything Is Mine in You" by Christy Nockels. [youtu.be/zokDEfvD5gY](https://youtu.be/zokDEfvD5gY)

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*Thursday, June 25*

### **He Promises Abundant Life**

Devotional Written by Christine Perry  
Read John 10:10

We live in a "social world" we compare our behind the scenes to a person's highlight reel. Many times, we hide behind smiles, accomplishments and our very best.

In the hustle and bustle of life is it easy to fall into the trap of comparison. Maybe you're facing another season single, or without a desperately wanted child. Maybe you're facing a time in which circumstances are completely out of control, maybe a diagnosis you never saw coming.

Before we start to compare, we should take a step back and remember that Jesus came that we might have life and have it abundantly — regardless of what our lives may look like.

Whatever situation we may find ourselves in, Jesus came to be with us in that. So even if we may be struggling, knowing Jesus came to be with us not only in the good, but also the bad and even the ugly, makes life worth celebrating. He came to give us life and life to the full. Life is only full with Him in every part of it. He promises to give us life and life abundantly

#### **Daily Challenge**

Is it possible to have an abundant life in the middle of struggling? What would that look like to you? Journal your thoughts.

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*Friday, June 26*

### **He Promises Your Imperfections Do Not Disqualify You**

Devotional written by Emily Furda  
Read Luke 2:41-52

When Jesus was born, the perfect Son of God was entrusted to imperfect parents. Just like any other child, He was dependent on His parents to provide for Him and care for Him. In today's passage, while He didn't sin, He sure scared His parents just like every other child does at some point.

Every year, He and His entire family made the long journey to Jerusalem for Passover. His extended family likely meant lots of children were running around, and it was easy to assume an aunt or grandparent knew where Jesus was. When they were on the long journey home, and likely exhausted, Jesus was nowhere to be found. Can you imagine the fear Mary and Joseph had when they realized the Messiah was missing? They were given the task of caring for the Son of God, and He was lost. They lost the Son of God. When they found Him, three days later, He was in the temple. He knew the temple was His Father's house.

Perhaps, one of the reasons Jesus came as a baby and was raised in an imperfect earthly family, was to show us all God knows we're human and will make mistakes, but that doesn't make us unworthy to be His servants. He chooses us to be a part of His plan. Mary's imperfections did not disqualify her from the purpose God had for her and neither do yours.

#### **Daily Challenge**

How does knowing Mary and Joseph were imperfect people help you when you look at your imperfections? Journal your thoughts.

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## He Promises - Daily Grace Devotionals June 2020

*Saturday, June 27*

**Grace Day**

Today is a Grace Day designed for you to use in whatever way you need.

Are you behind when it comes to this month's schedule? Then, you can use today to catch up. Is there something you want to spend more time on? Feel free to reread a previous day or skim through multiple days. Consider going back and making up your own challenge for a day. If it was to listen to music, try journaling or memorizing the Scripture. If you'd like, use today to learn more about God's promises on your own. A concordance, online searchable Bible, or Bible app is perfect for this. Even take today and study something completely different.

Whatever you do, remember, God isn't looking for your performance or testing how much you know. He simply wants to spend time with you, speaking to your heart and showing you His love and grace.



## He Promises - Daily Grace Devotionals June 2020

**Sunday, June 28**

### **He Promises to Equip You**

Devotional Written by Heather Golden Horton  
Read Hebrews 13:20-21

There will be seasons when being obedient to God's call for us leaves our hearts overwhelmed. The call God is revealing to our hearts may seem huge, even a bit beyond our ability. He may have impressed us to serve our neighbor, to make peace with a family member, to share our story with our Bible Study group, or God may have led our hearts to some other avenue of serving Him. There is a temptation to shrink in fear, hiding away from this call, feeling hopeless and inadequate but we could, instead, boldly choose to hope in God, the strength of our heart.

There is comfort in knowing the God who called us to this task is the One who loves us, pouring out steadiness to complete it. We can find hope in knowing, though we may feel weak and unqualified, our Father God has unlimited ability. The gifts He has given us are what He will use to help us answer His call. The God we serve already knows every outcome before He sets us on a path. He is able to provide each word we should speak and everything we might lack on this journey of surrender. He will always be present, equipping us for every good work that He lays in our path.

By sharing our fears and feelings with God in prayer, and choosing His hope rather than discouragement, we can begin to see the adventure in the opportunities He has laid before us. We can find confidence in the quiet times we spend with Him, pouring out our hearts and letting Him lead us in times of times of quiet study in His Word. We can press into His heart with hope and knowing we are heard and in His safe keeping as we step out into all He has planned for us.

### **Daily Challenge**

Listen to "Something out of Me" by Nichole Nordeman. [youtu.be/089F0vNGbVE](https://youtu.be/089F0vNGbVE)

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**Monday, June 29**

### **He Promises to Fight for You**

Devotional Written by Danielle Nicole  
Read Exodus 14:14

Have you ever been in a time when you felt too weak to fight, or maybe you felt like you were all alone in this war? Well, this is when you need to hold on to God's promises for your life. No matter what the fight is, God promises if we will be still, He will fight for us.

When in a fight, there might be many different options of what you could do. You could try and figure things out by yourself and go your own way or you could look to God for help. The world can promise us many things, many different ways we can get to the other side of our problems, but these things will lead us farther from God. When we open up His word and read the promises He has for us, we will find the answers and guidance for the season we are walking through.

God promises He will fight for us, if we will be still. To be still, means to trust Him with your situation. It means to have peace, knowing He is in control. Though it can be a challenge to be still when the world around you is moving in this way and that, when we hold to His promises for us, we can find rest in this crazy life.

The world's promises will always fail us, but God's promises have never failed and never will fail. So, even if you are fighting the hardest fight of your life, you can trust if you hold to God and follow His instructions, you will be victorious over every trial.

### **Daily Challenge**

Listen to "Fighting for Me" by Riley Clemmons. [youtu.be/in1uxSpvsw0](https://youtu.be/in1uxSpvsw0)

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**Tuesday, June 30**

### **He Promises to be Faithful**

Devotional Written by Emily Furda  
Read 2 Timothy 2:13

This month, we've learned just some of the amazing promises God has made to us. Sometimes, no matter how much we know, there is still a nagging voice in our heads causing us to question. We look at ourselves with our imperfections and we wonder why a perfect God would keep His promises to us when we make mistakes daily. It's time we answer that question once and for all.

If Jesus is your Lord and Savior, the Holy Spirit lives in you. That is why God keeps His promises. It's not because of anything you do, it's because of who He is. Today's verse tells us He is faithful because He is incapable of disowning Himself. God cannot disown you because His Spirit lives in you, so He will always remain faithful to you. Sometimes we do let go of God and hold onto other things to meet our needs, but He is still there loving us and waiting for us to open our hearts to Him so He can show us His faithfulness.

As we wrap up this month of learning about God's promises, don't let it be the end of looking for His promises. Keep your eyes and heart open as you continue to study His word. There are many more promises in there for you. On those days when you feel as if you've made one too many mistakes for God to still keep His promises to you, remember today's verse:

if we are faithless, he remains faithful, for he cannot disown himself. 2 Timothy 2:13 NIV

There's nothing you can do to stop God from being faithful to you. All of His promises are true for you.

### **Daily Challenge**

Listen to "Faithful" by Rend Collective. [youtu.be/YPmx18XRTkI](https://youtu.be/YPmx18XRTkI) Also, journal about how your view of God keeping His promises to you has changed this month.

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He Promises to Keep His Promises

He Promises to Give You Faith

He Promises He Cannot Lie

He Promises to Meet You Where You Are

He Promises to Encourage You

He Promises to Give You Strength

He Promises to Uphold You

He Promises He Has a Plan for Your Life

He Promises to Give You Wisdom

He Promises to Give You the Desires of Your Heart

He Promises His Love Will Be in You

He Promises Rest

He Promises the Truth Will Set You Free

He Promises to Be On Your Side

He Promises to Hold All Things Together

He Promises to Make All Things Beautiful

He Promises to Be With You

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